

Academy of Russian Ballet
Recommended Classes by Level per Week
2026-2027

Level	Leotard Color	Ballet	Tap	Jazz	Character	Modern	Contemporary	Conditioning
Pre-Ballet	Bubblegum Pink	1						
ARB Level 1	Lilac	1 - 2	1					
ARB Level 2	Hibiscus	1 - 2	1					
ARB Level 3	Aquamarine	2 - 3	1	1				
ARB Level 4	Lipstick	2 - 4	1	1	1			
ARB Level 5	Wine	3 - 5 (YAGP = Min 4x/wk) (Pointe = Min 3x/wk)	1	1	1	1		1
ARB Level 6	Mallard	4 - 6 (YAGP = Min 4x/wk) (Pointe = Min 3x/wk)	1	1	1	1	1	1
ARB Level 7	Navy	4 - 6 (YAGP = Min 4x/wk) (Pointe = Min 3x/wk)	1	1	1	1	1	1
ARB Level 8	Gray	4 - 6 (YAGP = Min 4x/wk) (Pointe = Min 3x/wk)	1	1	1	1	1	1